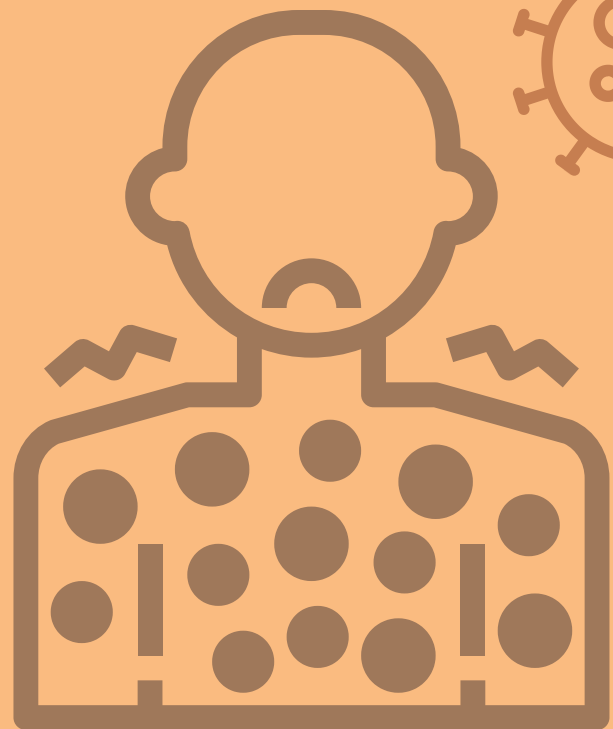
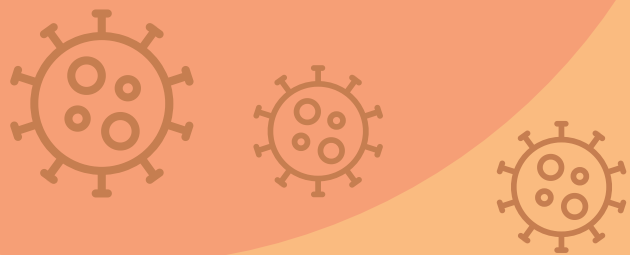


it's never too late to protect yourself from **CHICKENPOX**



Adult vaccination for the VARICELLA virus is available.

What is Chickenpox?

Caused by the Varicella virus, the classic symptom of chickenpox is a body rash of itchy, fluid-filled blisters that eventually turn into scabs. Common in childhood, adults can get it, too, and the risk of complications increases with age.

How can I prevent catching Chickenpox as an adult?



Adults who have never had chickenpox or received the vaccine should get two doses, at least 28 days apart. Two doses are 90% effective in preventing Chickenpox.

Get it Today

If you have insurance, including Medicare, get your vaccine at your local provider or pharmacy. For those without insurance, contact your local Department of Health.
<https://www.vdh.virginia.gov/local-health-districts/>

