

# Vaccinate against cancer!

## What is HPV?

Human Papillomavirus is a very common infection spread through intimate contact with an infected person. Some HPV infections can lead to cancer.

## Learn about the HPV vaccine

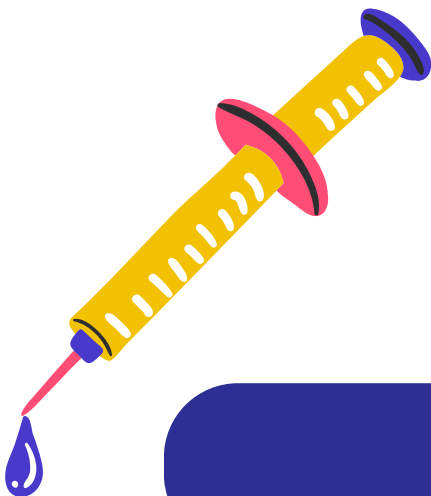
## What is the vaccine?

Two doses of the vaccine decrease both instances of cancer and other unpleasant symptoms of HPV. The vaccine is recommended for all people up to age 26, and for some adults up to age 45.

## Get it Today

If you have insurance, including Medicare, talk with your provider about getting the vaccine. For those without insurance, contact your local Department of Health.

<https://www.vdh.virginia.gov/local-health-districts/>



Rural adolescents are less likely to receive human papillomavirus (HPV) vaccines than those living in urban areas.