

People of all ages need

# TETANUS VACCINES

## What is Tetanus?

Tetanus is an infection caused by bacteria which produce a toxin in the body causing painful muscle contractions. It often causes the neck and jaw muscles to lock, making it hard to open the mouth or swallow, giving it the name "lockjaw."

## Get it Today

If you have insurance, including Medicare, talk with your provider about getting the vaccine. For those without insurance, contact your local Department of Health. <https://www.vdh.virginia.gov/local-health-districts/>

Babies & young children (DTaP)  
Pre-teens (Tdap)

one shot between  
11 & 12 years

5 shots between 2  
months & 6 years

**ADULTS** (Td or Tdap)

**every  
10  
years**

